



**Flo's Friendly Foods**

Hello Aurora Families!

My name is Florence Eriksson. My team and I at Flo's Friendly Foods will provide your school's lunches beginning September 4th. I started my business 5 years ago in response to my son's severe food allergies. Today, we deliver school and camp lunches all over the Bay Area.

All of our meals are customizable, specifically for your child. We specialize in making allergy-conscious and nutrient-rich food and will work with you to address your child's specific needs. If you have a selective eater, we love working with parents to create specific menus to suit even the most discerning eater. In either case, please email me directly at [florence@flosfriendlyfoods.com](mailto:florence@flosfriendlyfoods.com) so that we can partner to attend to your child's individual needs.

If you do not wish to customize your child's meal, there is a one-touch button at the top of every menu that will auto-populate the entire month for you with our default entree (found at the top of each day).

This fall, we will start with lunches that do not always need utensils, such as custom burgers, hoagies, burritos, and BBQ. After Halloween when colds and cases of flu are more common, our menu will include rice bowls, soups, personal casseroles, and pasta. Each meal comes with a side order of fresh fruits, nori, salad, house-made granola bars, and many more to choose from. Please be sure to choose a side, otherwise, we will assume you would like for us to provide fruit.

You can place your orders at:

<https://flosfriendlyfoods.ahotlunch.com/>

Your school code is: 1e9

Once you have created your username and password and have logged in, you will find instructional videos on the left-hand side of your dashboard. I have also attached general ordering instruction. Please contact us at [order@flosfriendlyfoods.com](mailto:order@flosfriendlyfoods.com) if you need help with ordering.

We hope to hear from you soon and we can't wait to bring fantastic food for your kids. Thank so much for allowing us to serve your kids!

Warmly,  
Florence