



opencircle®
getting to the heart of learning

IT'S TIME FOR
OPEN CIRCLE: SEL+

OPEN CIRCLE: SEL+ is a nationally recognized Social and Emotional Learning (SEL) program. Our training programs and curriculum create safe and affirming communities and teach social-emotional skills within elementary school settings.



WWW.OPEN-CIRCLE.ORG

OUR HISTORY



Founded in 1987, Open Circle has reached over 360 schools, 90 districts, and 16 states across the U.S. It also reached educators and students as far away as China and Uganda. In 2013, Open Circle's highly effective program was recognized by CASEL in its exclusive Guide to Effective Social and Emotional Learning Programs.

In 2024, Open Circle relaunched to become **Open Circle: SEL+**. We continue to offer our Open Circle SEL training for elementary school educators using our evidence based Open Circle curriculum. Our new programing now offers additional training for all educators to explore the importance of identity and belonging in school communities, and the link to student engagement and achievement.

WHAT IS OPEN CIRCLE?

Open Circle is a comprehensive, whole-school social and emotional learning (SEL) program for elementary schools.

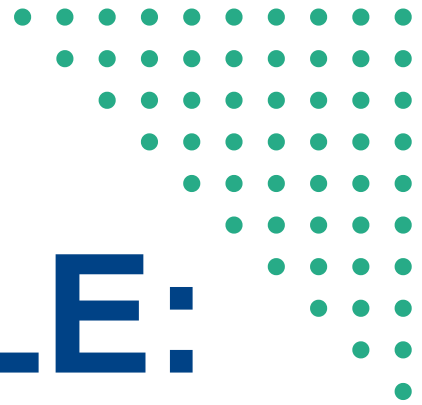
Open Circle provides training and K-6 curricula focusing on two goals:

1. Strengthening students' social-emotional skills related to self-awareness, self-management, social awareness, interpersonal relationships and problem-solving
2. Fostering safe, caring and engaging classroom and school communities.





WHAT IS OPEN CIRCLE: SEL+?

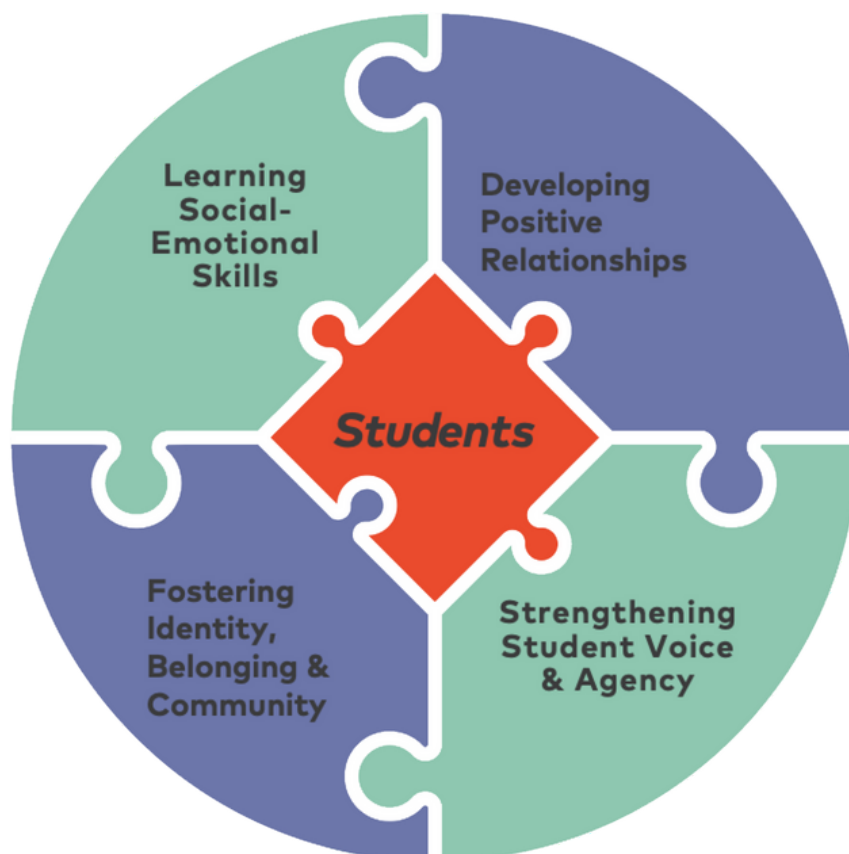


Open Circle: SEL+ offers NEW training for educators to explore the importance of identity and belonging in school communities, and the link to student engagement and achievement. These trainings will examine how our identities influence our interactions with others and impact teaching and learning. Educators leave the sessions with concrete experiential learning to use in their classroom and schools. We believe affirming and safe communities along with understanding identity are the foundational components for promoting effective SEL skills in schools.

WHAT MAKES OPEN CIRCLE: SEL+ UNIQUE?

At Open Circle we “walk the talk” of social and emotional learning in schools. We teach and model community building, establishing relationships, building safe and affirming learning environments, strengthening facilitation skills, and developing listening, reflection and presence through our professional training programs for educators.

Open Circle is known for designing and delivering engaging and interactive professional development that combines theory, research, and the practical experience of educators.



OPEN CIRCLE TRAINING

Open Circle curriculum and facilitation training is a three-day training that allows educators to experience group development and learn the Open Circle curriculum. 98% of participants agree that Open Circle training not only improves their knowledge and implementation of social and emotional learning, but also enhances their overall teaching practice.



OPEN CIRCLE: SEL+ TRAINING

Open Circle: SEL+ offers one-day trainings for educators to explore the importance of identity and belonging in school communities. The adult community remains the focus and cornerstone of this training to create a school culture that supports effective culturally responsive and transformative SEL work in schools.

“Open Circle is like someone telling you
that you can make a difference.”

–4th Grade Student

WHAT IS SOCIAL AND EMOTIONAL LEARNING?



The process of developing essential social and emotional skills, knowledge, and attitudes related to five key areas:

- **Self-awareness:** recognizing one's emotions, identity, and what matters to him/ her/ them as well as one's strengths and limitations
- **Self-management:** managing emotions and behaviors to achieve one's goal
- **Social awareness:** showing and understanding empathy for others
- **Relationship skills:** forming positive relationships, working in teams, dealing effectively with conflict
- **Responsible decision-making:** making ethical, constructive choices about personal and social behavior

HOW CAN OPEN CIRCLE: SEL+ HELP YOU?

Open Circle is committed to transformative Social and Emotional Learning in schools to support ALL students.

At Open Circle: SEL+ we recognize the growing and changing social-emotional needs within elementary schools. The pandemic, social media and social discourse have impacted the emotional wellbeing of entire school communities. Today, teachers are under tremendous pressure to meet testing and academic requirements. They often feel isolated in their classrooms and challenged by behavior issues.

Open Circle: SEL+ provides training in Open Circle and additional SEL+ training for the adult community to give teachers opportunities to connect, to reflect on their identities and teaching. Through our programs teachers leave with new awareness and skills.

Educators are helped not only to teach the lessons, but also to model the skills themselves. Teachers become better listeners along with their students. Open Circle: SEL+ training changes their approach to teaching, to their students, and to their peers.



OUR 2024 PROGRAMS

OPEN CIRCLE TRAINING

OPEN CIRCLE SEL K-5 CURRICULUM

- Open Circle is an evidence-based, whole-school approach and SEL curriculum to help students in grades K-5 develop social and emotional skills and to foster safe, caring, and highly engaging school communities. Our SEL program for elementary and lower schools offers training for educators, administrators, specialists, support staff, and community and family members.

OPEN CIRCLE: SEL+ TRAINING

AWARENESS, BELONGING, AND COMMUNITY: THE ABC'S OF ADULT SEL AND DEI

- Participants engage in experiential group activities, reflection and mindfulness to cultivate and awareness of self and appreciation of others, while strengthening relationships within the adult community.

UNPACKING IDENTITY: THE JOURNEY TOWARD BECOMING A CULTURALLY AWARE EDUCATOR

- Participants will explore who they are, examining both our individual and group identities as we uncover and reflect on the origin and formation of our identities.

VISIT OUR WEBSITE TO LEARN MORE

WWW.OPEN-CIRCLE.ORG

